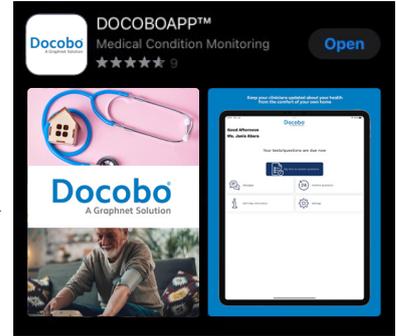




**DOCOBOAPP™**  
Getting started  
iOS users

## Setting up your device

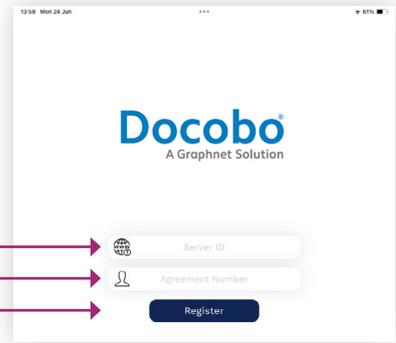
From the App Store, search for DOCOBAPP and install on to the device. Open the app and allow any permissions



Enter your organisation's server ID code

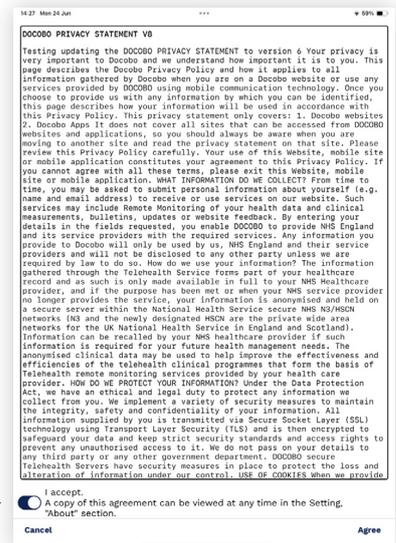
Enter the unique agreement number

Press 'register'

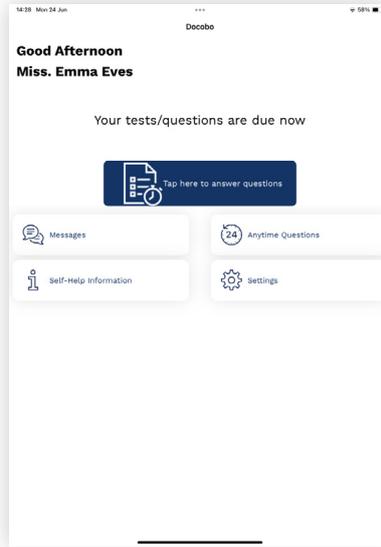


## Privacy policy and licence agreement

Prior to any Personal Identifiable Data (PID) being shown on the device, the 'privacy statement' and 'license agreement' information must be reviewed and accepted



## Home screen



## Home screen features



### Messages:

This is where you can send and receive messages to a clinician. If there is a red circle flashing on this icon, it indicates an unread message

**Note: This feature may not be activated, check with your care provider**



### Information:

View previous measurements entered over the past 14 days. Also any 'self-help' information provided by your care provider (typically about your condition)

**Note: This feature may not be activated, check with your care provider**



### Anytime questions:

Offers questions that can be completed as required. For example, additional vital sign observations may be submitted separate to any regular scheduled questions

**Note: This feature may not be activated, check with your care provider**



### Settings:

Provides access to application setting options, including manual sync option and theme changes for visually impaired

**Note: This feature may not be activated, check with your care provider**

## Answering questions

‘Scheduled’ and ‘Anytime’ questions are set up by your care provider

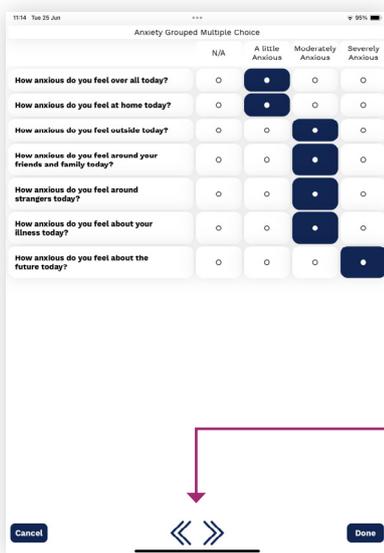
### Scheduled questions

Clinicians require measurements to be submitted at regular times (e.g. blood pressure to be submitted every morning)

### Anytime questions

Clinicians require measurements to be submitted at flexible intervals (e.g. blood pressure to be submitted if health deteriorates)

### Navigate questions



#### Done

Submits response and moves to the next question

#### Cancel

Discontinues the question set and returns to the home screen

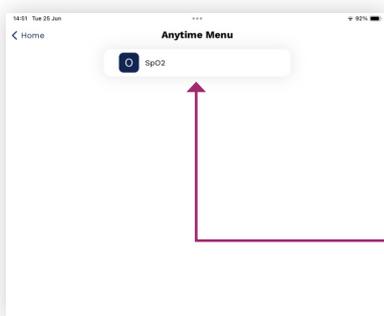
#### Skip Right

Skips to the next question without submitting a response to current question

#### Skip Left

Returns to the previous question

**Note:** The ‘Done’ button may initially be inactive. This is to avoid accidental submission of measurements prior to adding the correct reading



If your monitoring requires ‘scheduled questions’, a prompt will appear on the home screen during the period that measurements are due to be submitted. Tap the prompt to immediately start answering your questions

If your monitoring requires ‘Anytime questions’, then available questions are accessed by selecting the ‘Anytime’ icon (24). Scroll to the relevant question(s) and select to start answering.

## Question types

Within the question sets there will be different types of questions as detailed below:

### Vital sign questions

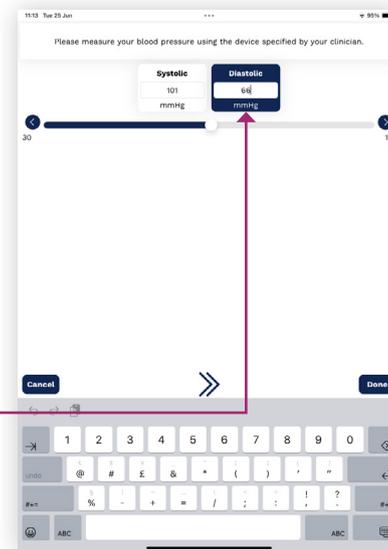
These questions will require using the relevant equipment for vital sign measurements, such as sphygmomanometer, oximeter, or scales.

To accurately enter measurements, either:

- Drag white circle slider along the grey bar
- Tap blue arrows at either end of the grey bar

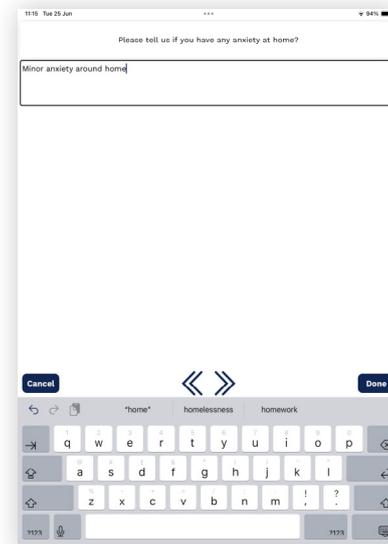
For more than one measurement:

- The measurement you are submitting will be highlighted with a blue box
- Add the measurement and press 'Done' to move across to the next measurement
- On completion of all the required measurements, press 'Done' to submit



### Free text question

This question provides an opportunity to submit a free text answer. Tap on the white box box to present an on screen keyboard. When completed, tap the background to close keyboard and select 'Done'.

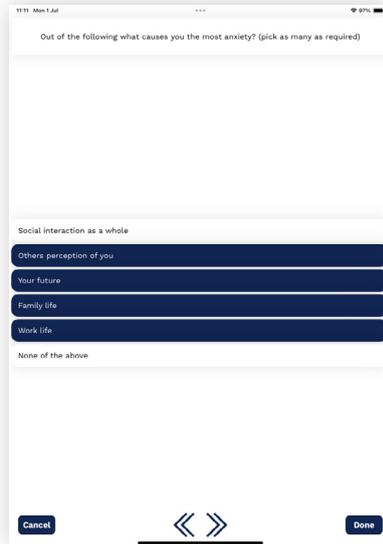


## Question types

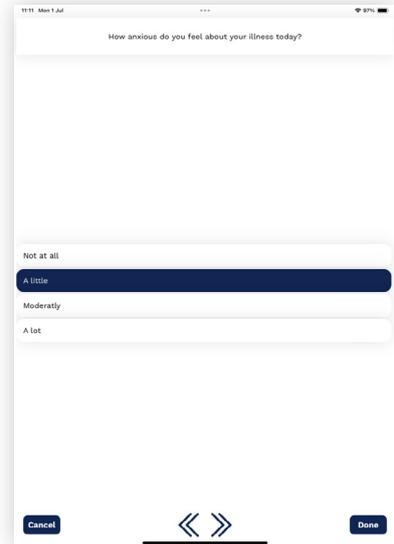
### Single answer and multiple answer

These questions will appear the same. The single answer question will only allow one option to be selected, whereas a multiple answer question will allow more than one option. Simply tap on the options and select 'Done'.

#### Multiple answer



#### Single answer



### Yes/No question

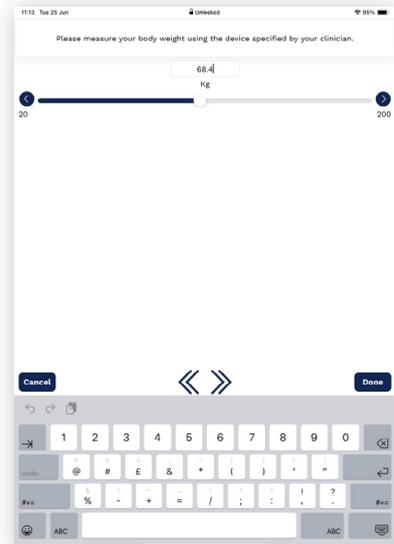
This is a question that requires a positive or negative response. Tap the relevant option and select 'Done'.



### Scale question

Scale questions may, or may not include the graphical slider. It allows a numerical scale from one polar to another.

The slider scale is used exactly as defined in the 'vital sign questions.'

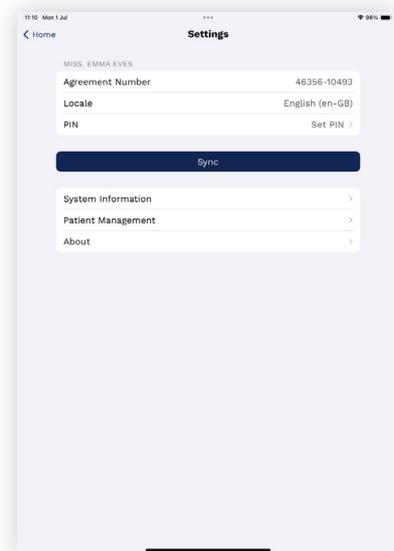


## Sending your readings (data)

Any readings that have been submitted will automatically be sent securely to the DOC@HOME server, to be viewed by clinicians, this includes raising alerts for readings that are outside of the expected thresholds.

Readings are typically sent within 20 minutes of submitting (depending on internet connection, server availability and time delays that may occur in some individually configured questions). If you wish to send readings immediately, the option to manually 'sync' your device is available.

To do so, from the home screen tap the settings icon and then press the blue 'Sync' button. Several pop ups will automatically appear whilst it syncs before they change to 'Sync Successful' press OK to acknowledge.



### Reasons for delayed sending of data

DOC@HOME is a digital service that relies on internet connection to send data. Without internet connection, any readings that are sent will not be able to be viewed by the monitoring clinicians (or raise an alert to them) until internet connection is established again.

When the internet connection has been re-established, ALL readings/data that have previously been submitted will successfully be sent to the monitoring clinicians and any potential alerts will immediately be raised.

## Caring for your device

- Keep your device charged so you can take regular readings without any hindrance
- Keep DOCOBOAPP up-to-date by agreeing to any prompts that request updates to the app

## DOC@HOME should not replace emergency procedures

It is possible that a technical or human error can cause a delay in data being received by clinicians  
**In the event of an emergency, call 999**



For technical assistance call 01372 899031

**Graphnet**   
Transforming Care

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